

Transaxillary Breast Augmentation FAQ

Q: Do I have stitches that need to be removed?

A: No, skin glue closes your incision and a steri-strip is placed over the incision. This steri-strip will fall off on its own usually within 5-7 days after surgery.

Q: How long should I wear a compression bra?

A: For 3-4 weeks following surgery. Depending on your activity, after 2-3 weeks you may discontinue wearing the bra in the evening hours.

Q: How long should I sleep in the upright position?

A: For approximately 3-5 days following your procedure depending on the amount of swelling that you experience.

Q: When can I shower?

A: The day following surgery.

Q: Can I shave and wear deodorant?

A: You can shave after the steri-strip on your incision falls off, you can wear a small amount of deodorant after the first 48 hours.

Q: How long before my implants will settle?

A: This varies for everyone, but usually within 3 months.

Q: How long should I go without exercise?

A: For approximately 4 weeks following surgery.

Q: How long should I take off from work?

A: 7-10 days depending on the type of work you do.